



Sacred Heart Academy is a Parish Apostolate of Sacred Heart of Jesus dedicated to assisting families, forming Catholics, and cultivating culture.

Formative Resources on Technology

Recent Articles

1. Atlantic Monthly, [“The 32-Million Word Gap”](#)
2. Humanum, Issue Four: [“Google That!”](#)
3. Michael Hanby of the JPII Institute, [“The Truth Will Set You Free”](#)
4. The New Atlantis, [“Why Minds are not Like Computers”](#)
5. New York Times, [“A Silicon Valley School that Doesn’t Compute”](#)
6. TIME Magazine, [“Screens in Schools are \\$60B Hoax”](#)
7. TechCrunch, [Interview with Eric Schmidt, CEO of Google](#) on the company’s history, mission, and vision for the future of the internet

Contemporary Studies

1. Nicholas Carr, [The Shallows: What the Internet is Doing to Our Brains](#)
2. Susan Greenfield, [Mind Change](#)
3. Neil Postman, [Amusing Ourselves to Death](#)
4. Dom. Jean-Charles Nault, [The Noonday Devil: Acedia, The Unnamed Evil of Our Times](#)
5. Leonard Sax, [The Collapse of Parenting](#)

Audio/Visual:

1. Fr. Kilcawley, [Integrity Restored](#) - On the dangers and prevalence of pornography
2. [Screenagers](#) - Documentary screened earlier this year by DOGR on internet addiction in teens
3. Mike Morris (Host), [The End of Memory](#) - On the fragility of modern data systems
4. Simon Sinek, [“On Millennials in the Workplace”](#) - On the long term consequences of a generation learning to communicate and work exclusively online

Other Important Works:

1. J.B.S. Haldane, [Daedalus; or, Science and the Future](#)
2. Aldous Huxley, [Brave New World](#)
3. Ray Kurzweil, [The Age of Spiritual Machines](#)
4. Robert Cardinal Sarah, [The Power of Silence: Against the Dictatorship of Noise](#)

Neuroplasticity and the Nature of Technology: Questions for Reflection

1. How many minutes/hours do I spend in front of a screen daily? How much of this time is spent actively and how much passively? Compare this to minutes spent in prayer, silence, conversation.
2. To what degree do I allow digital technology to interrupt my work and leisure?
3. Can technology, in the sense of a particular invention or piece of equipment, be moral or immoral in itself? If so, when? If not, why not?
4. What habits (good or bad) do I have in which digital technology is directly involved?
5. Is there any way in which I use technology as a substitute for human interaction? Why? To what device, application, or activity do I devote the greatest amount of my time?

*“The endless cycle of idea and action,
Endless invention, endless experiment,
Brings knowledge of motion, but not of stillness;
Knowledge of speech, but not of silence;
Knowledge of words, and ignorance of the Word.
All our knowledge brings us nearer to death,
But nearness to death no nearer to God.
Where is the Life we have lost in living?
Where is the wisdom we have lost in knowledge?
Where is the knowledge we have lost in information?
The cycles of Heaven in twenty centuries
Brings us farther from God and nearer to the Dust.”*

- T.S. Eliot, “Choruses from the Rock”